



City of Lincoln and
Lancaster County Departments
invite you...

to participate in our 8th annual City County Employee Wellness Fair
on

**Wednesday, April 8, 2020 from 10 am to 1:00 pm
at the City County Building (555 S. 10th St.)**

to promote wellness

(nutrition, physical activity, stress management,
medical self-care, financial wellness, etc.)

for City and County employees and the community.

One table will be provided for you.

**You will just need to bring your own business materials/ handouts/
advertisements and someone to staff your table from
10 am to 1:00 pm on April 8, 2020.**

Please email or call to reserve your table:

Mike Heyl

mhey@lincoln.ne.gov

402-441-3889

Please respond no later than Friday, March 6, 2020.

Space is limited.

Access to electrical outlets is also limited, so if you need electricity,
please inform Mike Heyl via email.

You will need to provide your own cords.

Attendance is expected to be approximately 350 adults.

An email with parking and other set-up information will be sent out
before the April 8, 2020 Wellness Fair.