

Lincoln/Lancaster County Youth Crisis Response Coalition Minutes 1.23.23

Attendance: Don Belau (Coordinator), Joe Pastuszak (Region V), Lynn Ayers (United Way), Amber Dirks (CenterPointe), Bev Hoagland (Juvenile Probation), Annie Glenn (Region V), Linda Dubs-Cerny (LFS), Ben Kopsa (LPD), Chris Reid (County Attorney), John Danforth (Region V), Dave Miers (Bryan Health), Carmen Pulido (El Centro), Roma Amundson (County Board), Renee Dozier (Region V), Matt Schulte (County Board), Sarah Reinke (Willard Community Center), Sara Hoyle (Human Services), and Jenni Ryan (Human Services)

Introductions:

Minutes from the November YCRC meeting were passed.

Steering Committee Proposal:

Decided to discontinue the separate YCRC Steering committee and just maintain the every other month schedule for the Coalition meetings.

Agency Updates:

We went through the questions outlined in the agenda. We continued the discussion from our last meeting.

LFS:

1. What are a few high points of your agency's work in the past year with youth and families that have experienced a crisis?
Moved into more LPS schools: 10-11 buildings providing MH services, Will be expanding Our Safe center into Lincoln (evidence-based treatment for children n related to sexual abuse or behaviors). Improving client portal in terms of getting into services. Have hired a few staff in 2022 that are now credentialed.
2. How do you see your group moving forward in 2023 in providing support to youth and families?
Continuing to work together. Strengthen integration with the schools to benefit families.
3. What does your agency need to provide the optimum level of care to youth and families?
4. How can the Lincoln/Lancaster County Youth Crisis Response Coalition provide support?
5. Are there specific training areas that your staff would benefit from?
Already have good partnerships with CAC Project Harmony training. Can't think of any at this time. More affordable opportunities for the evidence-based practices from the federal clearinghouse. Motivational interviewing. In the future: Initiation of some additional youth substance use services.

Region V:

1. What are a few high points of your agency's work in the past year with youth and families that have experienced a crisis?

Worked to beef up systems & approaches, especially mobile crisis response as 988 launched. Improved suicide response in the state. Have adopted the zero suicide initiative. Requires staff on the team to have specific responses when working with families.

2. How do you see your group moving forward in 2023 in providing support to youth and families? Continue to evaluate our specific landscape in terms of 988 services and needs. Working on service definition for FRC. Will be issuing an RFP for a provider this year.

Hoping to provide training to youth who are suicidal.

3. What does your agency need to provide the optimum level of care to youth and families?
4. How can the Lincoln/Lancaster County Youth Crisis Response Coalition provide support?
5. Are there specific training areas that your staff would benefit from?
Evidence-based practices trainings. Motivational Interviewing & DBT. They have available trainings for the public listed on their website. <https://region5systems.net/whats-happening/training/>

Bryan Health:

1. What are a few high points of your agency's work in the past year with youth and families that have experienced a crisis?
Youth partial program has changed in the last year. Has moved to the Counseling Center in the professional office building at 17th & Lake. Is separate from the adult side that's also housed there. Is also separate now from the inpatient youth program which is where it used to be co-located. Operates M-F daytime only. For youth ages 13-18.
<https://www.bryanhealth.com/services/counseling-mental-health/partial-hospitalization/>

CenterPointe added:

1. How do you see your group moving forward in 2023 in providing support to youth and families? Working on doing more outreach & prevention with youth starting to show problematic behaviors.

Additional Updates:

- Would like to add the question: What behaviors/challenges have your clients experienced to getting services?
 - Can we administer a survey to answer this question? Don will draft something.
 - Does anyone gather this information already as part of their intake process?
 - Linda asked if schools would have this sort of data.
- Region V – have a waitlist for their Family Youth Investment program. Waitlist has about 20 people on it currently and the wait is about 38 days.

Grant Updates:

- Crisis Training Grant – just visited Portland, MA. Looking at how to implement co-responder program and provide BETA & CIT training.

- Crisis Response Grant – expanded services for crisis response. Some changes in staffing. CenterPointe saw an uptick in referrals but those have leveled back out. Have a partnership with the schools.

Mobile Crisis Response Team trainings – there has been a lot of conversation on trainings & proposals this group (Don is in) has discussed. They will be reviewing them in the next week.

988 Update – Don has requested data on the number on 988 calls from Lincoln/Lancaster County. He asked Boystown for the data.

Environmental Scan – Lynn participated. They will be breaking into focus groups. Attend a group if you can. Jenni sent an email regarding this prior to the YCRC meeting today.

Training Opportunities – please see agenda.

Next Meeting: March 13, 2023 from 12-1pm via zoom

Respectfully Submitted:

Jenni Ryan, Lancaster County Human Services