

**Lincoln/Lancaster County  
Youth Crisis Response Coalition  
Minutes 5.11.20**

**Attendance:** Don Belau (Coordinator), Renee Dozier (Region V), Becky Steiner (Human Services), Rob Matson (Cedars), Arnold Remington (TASC), Shala Hartmann (CenterPointe), John Walsh (LPD), Joe Pastuszak (Region V), Annie Glenn (Region V), Teri Marti (Parent Advocate), Monica DeMent (DHHS), Russ Uhing (LPS), Sara Hoyle (Human Services), and Jenni Ryan (Human Services)

**Introductions:**

- Minutes were passed.
- Russ asked if there's been an increase in suicide since the start of COVID-19. Yes – across the County. The LOSS Team has been involved in 5-6 calls in the last 6 weeks. 18-25 or over 60 are the age groups that have been impacted. There have probably been more cases that the family declined LOSS Team involvement. LPD has only seen 2 in April and 3 in March.

**Agency Updates:**

1. LPD – no youth crisis calls since March. Have seen an increase in adult mental health calls. Kristen from Region V coordinated a weekly provider call to review cases and determine services that can be provided (Region V, LPD, CenterPointe, TASC, and MHA-NE).
2. Region V – They continue to serve crisis response, currently working with 13 families and can take more. They have 2 staff transitioning to different roles.
3. Cedars – They've had 17 youth in the past 2 months, processes within shelter have changed so youth have an isolation period when they come in. They are trying to limit lengths of stay to keep space available. They have a nurse on staff and perform a health screen prior to intake.
4. TASC – initially calls decreased (only 3 last month) but they are beginning to see an increase in calls. They've had 6 calls from LPD since remote learning started. The Wednesday meetings have been productive, especially with higher needs cases.
5. LPS – some monitoring of emails and chromebooks for concerning keywords such as suicide or violence.
6. County Attorney – Court is being held through zoom. They are back to their regular schedule with regards to the number of cases. Some things like truancy are still on hold.
7. DHHS – They are having virtual contacts more frequently with families, making sure families have the resources they need such as food, phone minutes, etc.
8. Diversion – still providing families with crisis information, staff are working from home with one staff person in the office each day.
9. CenterPointe - DBT IOP has gone al virtual, some youth have graduated the program and new referrals are still coming in.

**CenterPointe SAMHSA Certified Behavioral Health Clinic Grant:**

CenterPointe received \$2M/year for 2 years. The goals include:

1. Expand access to crisis services for children, adolescents, and families.
2. Establish universal screening assessment and monitoring for mental health, substance use disorder, and physical health conditions.

3. Increase access to screening, assessment, diagnosis, and outpatient services for children, adolescents, and their families.
4. Increase access to and utilization of ongoing primary and specialty care through effective care management and coordination with FQHC.
5. Recruit two nurse practitioners, two registered nurses, and a medical care manager to implement outpatient primary care screening and monitoring of health risks at CenterPointe and provide wellness checks.
6. Expand access to tobacco cessation beyond residential services to all CCBHC enrollees and reduce tobacco prevalence among program participants.
7. Screen and monitor the prevalence and risk of diabetes and metabolic syndrome for enrollees receiving psychotropic medications.
8. Provide nursing care management to of program participants who are referred for follow-up after completing initial screenings and assessments.
9. Create evidence-based health and wellbeing plans with enrollees screened at-risk for chronic physical health conditions (e.g., diabetes management, weight management).

Growth services will be at the E Street location (crisis & medical services). Grant must be implemented by August 1<sup>st</sup>. After 2 years there is potential for additional funds for continuing years.

**Region V Data:**

See handout. Some problems with clients who prefer text and don't respond to calls or shut their phones off. Some clients don't have the technology needed for telehealth.

**Other:**

- NSSPC and Don't Panic Labs have been working on a prototype phone app to help youth in crisis.
- Don is offering Part 2 of the Law Enforcement and Post-traumatic Stress training on Thursday at 12pm. He may offer the training again in June.
- Don may be sending out a stakeholder survey to evaluate where providers are at with crisis services and develop some focus groups to meet via zoom.

**Next Meeting: TBD**

Respectfully Submitted:

Jenni Ryan, Lancaster County Human Services