

**Matrix Intensive Outpatient Program  
(Tuesday & Thursday Evenings - Women)**

**INTENSIVE OUTPATIENT PROGRAM SCHEDULE**

(Individual sessions will vary and will include a minimum of 10 sessions)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Weeks 1-4</b>	12:00p-1:30p OR 6:30p-8:00p <b>Family Education Group</b>  (Must have family or support person present)	5:00p-6:30p <b>Relapse Prevention</b>  7:30p-8:30p <b>Early Recovery Skills</b>	<b>12-Step Meeting</b>	5:00p-6:30p <b>Relapse Prevention</b>  7:30p-8:30p <b>Early Recovery Skills</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 5-12</b>	12:00p-1:30p OR 6:30p-8:00p <b>Family Education Group</b>  (Must have family or support person present)	5:00p-6:30p <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	5:00p-6:30p <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 13-16</b>	9:15a-10:30a OR 5:30p-6:30p <b>(Women)</b> OR 6:30p-7:30p <b>(Men)</b> <b>Social Support</b>	5:00p-6:30p <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	5:00p-6:30p <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 17-52</b>	9:15a-10:30a OR 5:30p-6:30p <b>(Women)</b> OR 6:30p-7:30p <b>(Men)</b> <b>Social Support</b>	<b>Required 12-Step or other community support meetings as outlined in your Individual Program Plan (IPP)</b>					

*Last Revised: 03/08/2022*