

**Matrix Intensive Outpatient Program**  
**(Tuesday & Thursday Mornings – Men Only)**

**INTENSIVE OUTPATIENT PROGRAM SCHEDULE**

**(Individual sessions will vary and will include a minimum of 10 sessions)**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Weeks 1-4</b>	12:00p-1:00p <b>OR</b> 5:30p-6:30p <b>OR</b> 6:45p-7:45p <b>Family Education Group</b>  (Must have family or support person present)	9:30a-11:00a <b>Relapse Prevention</b>  11:00a-12:00p <b>Early Recovery Skills</b>	<b>12-Step Meeting</b>	9:30a-11:00a <b>Relapse Prevention</b>  11:00a-12:00p <b>Early Recovery Skills</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 5-12</b>	12:00p-1:00p <b>OR</b> 5:30p-6:30p <b>OR</b> 6:45p-7:45p <b>Family Education Group</b>  (Must have family or support person present)	9:30a-11:00a <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	9:30a-11:00a <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 13-16</b>	9:15a-10:15a <b>OR</b> 5:30p-6:30p <b>(Men) Social Support</b>	9:30a-11:00a <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	9:30a-11:00a <b>Relapse Prevention</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>	<b>12-Step Meeting</b>
<b>Weeks 17-52</b>	9:15a-10:15a <b>OR</b> 5:30p-6:30p <b>(Men) Social Support</b>	<b>Required 12-Step or other community support meetings as outlined in your Individual Program Plan (IPP)</b>					

*Last Revised: 10/12/2022*