

Approved Medication List

The following over-the-counter medications may be taken without effecting drug testing. If you are prescribed a medication, you must provide documentation to staff prior to your next test. If you take an over-the-counter medication that is not listed on this form, you risk testing positive. Keep in mind, it is your responsibility to make sure you don't test positive. If you have doubts, ask your pharmacist, medical provider, or program staff. You must take all medications, prescribed or otherwise, as directed.

Pain

Ibuprofen (Advil, Motrin)
Acetaminophen (Tylenol)
Naproxen (Aleve)
Aspirin
Midol (any kind)

Cold and Flu

Comtrex Max Strength Cold
Dayquil (liquid or liqui-caps)
Alka-Seltzer Plus Cold
Robitussin **DM**

Sinus and Congestion

Sudafed **PE**
Mucinex **DM**

Allergy

Sudafed **PE**
Benadryl Allergy
Benadryl Allergy & Cold
Claritin (**NOT Claritin D!**)
Loratadine

Stomach

Pepto-Bismol
Pepcid AC
Prilosec
Tagamet HB
Tums
Mylanta
Maalox
Imodium AD

I understand that I am allowed to take only the above medications without notifying the program staff. I understand that for any other over-the-counter medications I wish to take, I am responsible for determining if it will effect testing. I agree that I will not take any over-the-counter medications that effect drug testing. Furthermore, I understand that I need to provide the program staff with documentation for all medications prescribed by a licensed practitioner prior to my next test. I understand that I am to take all medications as prescribed or otherwise directed.

By signing this document, I agree that I read and understand the expectations regarding taking medications while placed on the 24/7 Sobriety Program.

Signature of Participant

Date